MARK STUDY GUIDE Volume 3

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The material in this booklet covers weeks 17-28 of our sermon series in the Gospel of Mark. To access volumes 1 or 2 of this study guide, visit **chapel-pointe.org/mark** or request additional physical copies by emailing us at **info@chapel-pointe.org**.

HOW TO USE THIS GUIDE

As we journey through the Gospel of Mark as a church, we want to help you engage with God's Word, reflect on the servanthood of Jesus, and apply it to your life. We encourage you to journey through this study guide alongside your small group, family, or friends.

Each week, you will have the opportunity to:

1. Prepare and Meditate

Each week, you will have the opportunity to set aside time to prepare your heart to receive God's Word for the upcoming message on Sunday. This is an opportunity to be still, read and memorize Scripture, and meditate on God's Word before Sunday morning.

2. Take Message Notes

Use the provided space to capture notes from the message. Write down anything that stands out, questions you want to explore further, or practical ways the message both sharpens and encourages you.

3. Engage in Discussion

Spend time cultivating discussion in your small group, at the dinner table, or with your friends through the questions provided. Focus on observing the text, understanding its meaning, and reflecting on your walk with Jesus through these sections.

4. Apply God's Word

Move from hearing to doing (James 1:22-25) by identifying next steps you can take in your walk with Jesus. Each week, we encourage you to consider how the Holy Spirit is speaking to you and how God is calling you to engage in a deeper relationship with Him.

5. Do a Family Activity

Each week includes a section for families to continue conversations throughout the week. These activities provide opportunities for your family to grow together in Christ and apply biblical truths in your home.

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Week 17: JESUS HEALS A WOMAN

Overview

This week, we will explore the faith of a desperate woman who believed that just touching Jesus' cloak could bring healing. In the middle of a crowd, Jesus stopped to acknowledge her, showing that He sees and responds to true faith. Her story reminds us that no situation is beyond Jesus' power and no person is beyond His compassion.

Prepare and Meditate

Before Sunday, take time to prepare your heart to receive God's Word for the upcoming message. Passages to read and memorize are included below. As you read and reflect, we encourage you to pray and ask the Holy Spirit to reveal God's truth to you during this time.

- Read: Mark 5:21-34
- **Memorize:** And he said to her, "Daughter, your faith has made you well; go in peace, and be healed of your disease." (Mark 5:34)

Discuss

Why were so many people crowding around Jesus?

How are Jairus and the bleeding woman similar? How are they different? What can we learn from their stories?

What does Jesus' decision to stop for the woman, even while on an urgent mission, reveal about His character and priorities?

Apply

The bleeding woman reached out to Jesus in both faith and desperation. Is there a situation in your life where you need to boldly seek Jesus' help? Seek Him this week through prayer.

Imagine being in Jairus' shoes—how would you feel watching Jesus pause for someone else while your daughter was dying? How does this challenge your trust in God's timing? Write down a few ways God is asking you to trust Him in this season.

What does this passage teach us about what truly matters to Jesus? How should that shape our own priorities? Take some time to ask God to shape your priorities in all areas of your life.

The woman waited 12 years before experiencing healing. How do you typically respond when God doesn't answer your prayers right away? What helps you remain faithful in the waiting?

FAMILY ACTIVITY

Read Together

Mark 5:21-34

Discuss

- How did Jesus show He cared for the woman?
- How does Jesus show He cares for us today?
- What are some ways we can show care to others?

Activity: Caring Heart

- Give each family member a paper heart and some markers or crayons.
- Ask everyone to think of one way they can show care to someone this week, such as helping a friend, praying for someone, or offering a kind word.
- Each person should write or draw their caring action on their heart.
- Hang the hearts somewhere visible in your home (like the fridge or a wall) as a reminder to live it out during the week.
- At the end of the week, come back together and talk about what happened when you showed care.

Week 18: HEALING OF JAIRUS' DAUGHTER

Overview

This week, we will discover that Jesus has power and authority over death. Despite the crowd laughing at Him, Jesus calls for faith and demonstrates His power with compassion. We are called to trust Jesus fully, even when hope can be hard to find.

Prepare and Meditate

Before Sunday, take time to prepare your heart to receive God's Word for the upcoming message. Passages to read and memorize are included below. As you read and reflect, we encourage you to pray and ask the Holy Spirit to reveal God's truth to you during this time.

- Read: Mark 5:35-43
- **Memorize:** But overhearing what they said, Jesus said to the ruler of the synagogue, "Do not fear, only believe." (Mark 5:36)

Discuss

How do you think Jairus felt when he was told his daughter had died? What emotions might he have wrestled with in that moment?

The mourners laughed when Jesus said the girl was only sleeping. What does this reaction reveal about their faith and their understanding of Jesus' power?

Mark specifically mentions that the girl was 12 years old—why do you think this detail is included? How might her story connect to the bleeding woman, who had been suffering for 12 years?

Why do you think Jesus instructed them not to tell anyone about the miracle? What might have been His reason for keeping it quiet?

Apply

Jesus told Jairus, "Do not fear, only believe." Where in your life do you need to let go of fear and step forward in faith? Invite someone to hold you accountable to living a life of faith and not fear.

The mourners doubted Jesus' words. Are there people or influences in your life that make it harder for you to trust in God's power? How can you guard your faith against doubt? Prayerfully take action to guard your heart against doubt.

Have you ever faced a situation that felt completely hopeless, only to see God move in an unexpected way? How did that experience impact your faith? Share this story with a neighbor, friend, or coworker this week.

FAMILY ACTIVITY

Read Together

Mark 5:35-43

Discuss

- How did Jairus show he trusted Jesus?
- What did Jesus say that showed He cared for Jairus and his daughter?
- How can we trust Jesus when we are scared or worried?

Activity: Trust Walk Game

- Set up an obstacle course in your home using items like pillows, chairs, or toys—anything safe to step around or over.
- Choose one person to be blindfolded and another to be the guide.
 The guide will lead the blindfolded person through the course by giving clear, calm verbal directions (no touching or leading by hand).
- Emphasize that the blindfolded person must listen closely and trust their guide to safely make it through.
- Switch roles so everyone has a chance to be both the guide and the blindfolded person.
- Debrief together: Just like you had to trust your guide, Jairus had to trust Jesus. Even when things looked hopeless, Jesus cared deeply and brought life and hope.

Week 19: JESUS SENDS OUT THE TWELVE

Overview

This week, we discover how Jesus was rejected in His hometown and His command to send out the twelve disciples. Despite unbelief around Him, He sent out the twelve disciples with authority, calling them to rely fully on God as they preached, healed, and cast out demons.

Prepare and Meditate

Before Sunday, take time to prepare your heart to receive God's Word for the upcoming message. Passages to read and memorize are included below. As you read and reflect, we encourage you to pray and ask the Holy Spirit to reveal God's truth to you during this time.

- Read: Mark 6:1-13
- Memorize: So they went out and proclaimed that people should repent. (Mark 6:12)

Discuss Why do you think the people in Jesus' hometown struggled to accept Him?
What does this passage show us about how familiarity can affect faith?
What stands out to you about the instructions lesus agve in Mark 6:7-132

Apply

Make a list of the things you can do to honor Jesus in your life.

How could your lack of faith be hindering God's work? Pray that God would increase your faith and powerfully work through you.

Based on what Jesus says to His disciples in verses 7-13, what should change about how you share the gospel with others? Build a relationship with someone this week who needs to hear about Jesus.

FAMILY ACTIVITY

Read Together

Mark 6:1-13

Discuss

- How did Jesus send His disciples?
- What were they supposed to do when they went out?
- How do we share Jesus' love with others today?

Activity

- Discuss some ways that your family can live on mission for Jesus this
 week (Examples: Give a compliment to someone, pray for a friend
 or family member, share what God is doing in your life, etc.)
- Take action on one (or several) of these ideas to live on mission as a family this week.

Week 20: THE DEATH OF JOHN THE BAPTIST

Overview

King Herod hears about Jesus and believes He might be John the Baptist raised from the dead. This week, we discover the cost of speaking the truth through the story of Herod and his daughter Herodias.

Prepare and Meditate

Before Sunday, take time to prepare your heart to receive God's Word for the upcoming message. Passages to read and memorize are included below. As you read and reflect, we encourage you to pray and ask the Holy Spirit to reveal God's truth to you during this time.

- Read: Mark 6:14-29
- Memorize: ...for Herod feared John, knowing that he was a righteous and holy man, and he kept him safe. When he heard him, he was greatly perplexed, and yet he heard him gladly. (Mark 6:20)

Discuss
What does this story reveal about the cost of speaking truth, as John the Baptist did?

Are there areas in your life where you feel tempted to please people more than God?

What does it look like to stand for truth at your work, school, team or neighborhood this week?

Apply

Who in your life is God calling you to speak truth to? Make plans to connect with them this week.

Write down a list of a few areas where you may be pleasing man more than God. Bring these areas to God in prayer and ask for His strength to help you overcome them.

FAMILY ACTIVITY

Read Together

Mark 6:14-29

Discuss

- Why do you think King Herod was afraid of John the Baptist, even though he had the power to imprison him?
- Talk about the importance of thinking before making a promise and
 of standing up for what is right, even when it is difficult.
- Tell about a time when you acted courageously and spoke the truth in love.

Activity

- Have each member of the family draw a picture of a candle.
- Write or draw one way they can "shine with truth" like John the Baptist (ex., being honest at school, standing up for someone, speaking kindly and truthfully).
- At the end of the week, take turns sharing how each family member "shined with truth" this past week.
- Pray as a family for courage to stand for truth with love and humility.

Week 21: JESUS FEEDS THE FIVE THOUSAND

Overview

This week, we reflect on a powerful moment where Jesus meets both physical and spiritual needs by feeding the 5,000. Jesus reveals His compassion, provision, and divine power. We are invited to trust that Jesus provides for us and cares for us.

Prepare and Meditate

Before Sunday, take time to prepare your heart to receive God's Word for the upcoming message. Passages to read and memorize are included below. As you read and reflect, we encourage you to pray and ask the Holy Spirit to reveal God's truth to you during this time.

- Read: Mark 6:30-44
- Memorize: When he went ashore he saw a great crowd, and he had compassion on them, because they were like sheep without a shepherd. (Mark 6:34)

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Apply

How do you respond when the needs of others interrupt you? Take some time to reflect.

Where do you need to trust more in Jesus' power to provide for you? Make a list and ask God to help you trust Him.

Find a way to show compassion to a friend, family member, or coworker this week.

FAMILY ACTIVITY

Read Together

Mark 6:30-44

Discuss

- How do you think the disciples felt when they saw only a little bit of food for such a big crowd?
- What does this story teach us about trusting Jesus with what we have?

Activity

Pack a picnic basket and head to the park as a family. Once you find a spot, retell the story of Jesus feeding the 5,000 while enjoying your meal together.

To bring the lesson to life, consider inviting others at the park to share in your picnic as you tell the story! This simple act of generosity reflects how Jesus provided for the crowd and reminds us that God's blessings are meant to be shared.

Week 22: JESUS WALKS ON WATER

Overview

After feeding the crowd, Jesus sends the disciples ahead by boat while He prays alone; later, He walks on water to reach them during a storm and calms their fear. When they arrive on the other side, people recognize Jesus and bring the sick to Him, and many are healed just by touching His cloak.

Prepare and Meditate

Before Sunday, take time to prepare your heart to receive God's Word for the upcoming message. Passages to read and memorize are included below. As you read and reflect, we encourage you to pray and ask the Holy Spirit to reveal God's truth to you during this time.

- Read: Mark 6:45-56
- **Memorize:** Immediately, he (Jesus) spoke to them and said, "Take heart; it is I. Do not be afraid." (Mark 6:50)

Discuss	
What does this passage teach us about Jesus' power over both and human fear?	ı nature

How did the disciples' reaction demonstrate their understanding (or lack thereof) of who Jesus is?

What can we learn from the crowds' eagerness to seek physical healing from Jesus?

Apply

Where will you trust Jesus to meet you in the middle of life's storms and bring peace?

Prioritize quiet time with God this week and follow Jesus' example of withdrawing to pray.

I will bring _____ need to Jesus with faith and urgency.

FAMILY ACTIVITY

Read Together

Mark 6:45-56

Discuss

- Why do you think the disciples were afraid when they saw Jesus walking on the water?
- Jesus said, "Take heart; it is I. Do not be afraid". Discuss how Jesus is always present in the middle of our fears, storms, and struggles.
- Talk about a time when you felt like you were in a "storm" and how God helped you through it.

Activity: "Storm to Calm" Freeze Game

How to Play:

- One person is the "storm" (leader), and the others are "disciples" in the boat.
- The leader calls out "storm!" everyone moves around the room like they're in a boat during a storm (swaying, pretending wind is blowing, etc.).
- When the leader says, "Peace, be still," everyone freezes!
- Take turns being the "storm" and "disciples."

Debrief:

- Talk about how it felt to be in the chaos of the storm.
- What was it like to stop suddenly?
- Can you think of a time in real life when God brought peace into a hard or scary situation?

Week 23: JESUS AND TRADITION

Overview

Mark 7:1-13 invites us to reflect on how our lives can outwardly show signs of being spiritual while our hearts may be far removed from a genuine relationship with God. This week, we explore how Jesus viewed tradition and its impact on our spiritual well-being.

Prepare and Meditate

Before Sunday, take time to prepare your heart to receive God's Word for the upcoming message. Passages to read and memorize are included below. As you read and reflect, we encourage you to pray and ask the Holy Spirit to reveal God's truth to you during this time.

- **Read:** Mark 7:1-13
- **Memorize:** Jesus said, "This people honors me with their lips, but their hearts are far from me." (Mark 7:6)

Discuss

What were Jesus' disciples doing that got the attention of the Pharisees and scribes?

What traditions did the Pharisees expect Jesus and His disciples to follow?

Why do you think Jesus was so tough on them in His response?

What does Jesus mean when He says, "You leave the commandment of God and hold to the tradition of men"?

Apply

What are some examples of traditions that can overshadow God's commandments in our own lives?

Write down a list of traditions that are helpful and a list of those that are potentially harmful or distracting. Spend time praying and asking God to inform your traditions.

How can we ensure that our actions and words reflect a genuine love for God rather than just looking good on the outside?

How can we ensure that our hearts are clean before God? Pray through Psalm 51:10-12.

FAMILY ACTIVITY

Read Together

Mark 7:1-13

Discuss

- Why were the Pharisees upset with Jesus and His disciples?
- What did Jesus say was more important: following traditions or obeying God's commands?
- Can you think of any traditions we follow today that might distract us from what God really wants?
- How can we make sure our hearts are focused on God, not just on rules?

Activity

- Discuss how the Pharisees were more focused on their own traditions than on God's commands.
- On one sheet of paper, write "God's Commands," and on the other, write "Man's Rules."
- As a family, brainstorm examples of God's commands (e.g., love your neighbor, honor your parents, be honest) and write them under "God's Commands."
- Then, list examples of human-made rules that sometimes take more importance than God's commands (e.g., always wearing fancy clothes to church, saying long prayers to impress others, following routines without thinking about their meaning).
- Compare the lists and discuss how we can make sure we follow God's commands above everything else.

Week 24: JESUS AND THE HEART

Overview

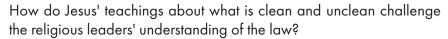
Jesus teaches that it's not what goes into a person that defiles them, but what comes out from their heart. This week, we will continue to learn about Jesus' teaching of the heart—the core of a person's being—and how we can truly worship God with all of our hearts.

Prepare and Meditate

Before Sunday, take time to prepare your heart to receive God's Word for the upcoming message. Passages to read and memorize are included below. As you read and reflect, we encourage you to pray and ask the Holy Spirit to reveal God's truth to you during this time.

- **Read:** Mark 7:14-23
- **Memorize:** Jesus said, "There is nothing outside a person that by going into him can defile him, but the things that come out of a person are what defile him." (Mark 7:15)

Discuss



What does it mean when Jesus says that it is not what goes into a person, but what comes out of them that defiles them?

Why do we often focus more on outward behavior and appearances instead of the condition of our hearts?

Apply

What do your actions, words, and behaviors reveal about the condition of your heart? Bring these things to God in prayer.

How can you actively guard your heart against the sinful influences listed in this passage? Make an action plan to guard your heart this week and invite accountability from a friend or family member.

Jesus wants true transformation, not just religious rule-following. What spiritual practices can help you focus more on heart change rather than external behavior?

FAMILY ACTIVITY

Read Together

Mark 7:14-23

Discuss

- Why does Jesus say that what's inside our hearts is more important than outside appearances?
- Can you think of a time when your words or actions showed what was really in your heart?
- How can we keep our hearts clean before God?
- What are some ways we can replace bad attitudes with godly ones in daily life?

Activity

- Start with the Paper Heart: Show the large paper heart and explain that it represents our hearts before God.
- Brainstorm "Heart Issues": Read Mark 7:21-23 and list some negative things Jesus mentioned (like lying, jealousy, pride, anger, etc.). Write each one on a sticky note.
- "Heart Cleaning" Challenge:
 - Stick the negative notes onto the heart.
 - Discuss how these things come from inside us and affect our actions.
 - Look up Galatians 5:22-23. Ask: "What does God want in our hearts instead?" (Love, kindness, honesty, humility, etc.)
 - Remove each negative sticky note one by one and replace it with a new one that shows a good heart attitude.
- Throw Away the Bad: Once all negative words are removed, crumple them up and throw them in the trash to symbolize giving them to God.

Week 25: JESUS HEALS A DEAF MAN

Overview

In Mark 7:24-37, Jesus performs two miracles and demonstrates His compassion for those who are hurting. Through casting out demons and healing the deaf, we will discover the authority of Jesus over demonic forces and physical ailments.

Prepare and Meditate

Before Sunday, take time to prepare your heart to receive God's Word for the upcoming message. Passages to read and memorize are included below. As you read and reflect, we encourage you to pray and ask the Holy Spirit to reveal God's truth to you during this time.

- Read: Mark 7:24-37
- **Memorize:** And they were astonished beyond measure, saying, "He has done all things well. He even makes the deaf hear and the mute speak." (Mark 7:37)

Discuss

What is the significance of Jesus ministering in Tyre and Sidon?

What lessons can we learn from the Syrophoenician woman's persistence and faith?

Why do you think Jesus took the deaf and mute man away from the crowd? What significance might this have?

In verse 37, the people are amazed and say, "He has done everything well." How does this statement reflect the nature of Jesus' ministry and His work in our lives today?

Apply

Think about one way God has shown you compassion recently. Share this story with a neighbor, friend, or coworker.

Pray that God would give you eyes to see people around you who may feel overlooked or far from God.

Take time this week to journal about the healing power of Jesus. Give Him praise for what He can do!

FAMILY ACTIVITY

Read Together

Mark 7:24-37

Discuss

- What does this passage teach us about faith?
- Why do you think Jesus healed the man by touching his ears and tongue instead of just speaking?
- Have you ever felt like God wasn't answering right away? How can we learn from the woman's persistence?
- How can we be better listeners to God and to others in our lives?

Activity

Go on a prayer walk. Choose 3-5 spots around your neighborhood or community where your family can stop and pray.

Prayer Ideas for each stop:

- Gratitude Station Thank God for blessings (1 Thessalonians 5:18).
- Forgiveness Station Ask for forgiveness and forgive others (Ephesians 4:32).
- Family and Friends Station Pray for loved ones (Philippians 1:3).
- World and Community Station Pray for leaders, neighbors, and the world (1 Timothy 2:1-2).
- Personal Growth Station Pray for wisdom, strength, and faith (James 1:5).

Week 26: JESUS FEEDS THE FOUR THOUSAND

Overview

In Mark 8:1-10, we see Jesus feed 4,000 and continue to teach His disciples. It's easy for us to forget God's promises and provision. In this passage, we see Jesus' provision for not only the many but also His provision and teaching to His disciples.

Prepare and Meditate

Before Sunday, take time to prepare your heart to receive God's Word for the upcoming message. Passages to read and memorize are included below. As you read and reflect, we encourage you to pray and ask the Holy Spirit to reveal God's truth to you during this time.

- Read: Mark 8:1-10
- **Memorize:** And they ate and were satisfied. And they took up the broken pieces left over, seven baskets full. (Mark 8:8)

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Why do you think Jesus felt compassion for the crowd that had been with him for three days?
What does this reveal about His character?
What is the significance of the disciples' response when Jesus asked them how they could feed such a large crowd (Mark 8:4)?
What is an area that you need to trust God for His provision in this current season?

Apply

Jesus had compassion for the crowds. Who do you need to extend compassion to this week? Send them a text or give them a call.

Reflect on God's provision in your life. Make a list of the ways you've seen Him provide and spend time thanking Him for each of the items on your list.

Pray that God would provide for your future needs.

FAMILY ACTIVITY

Read together

Mark 8:1-10

Discuss

- What does this story teach us about God's ability to provide?
- Why do you think the disciples were worried about not having enough bread after seeing Jesus feed thousands?
- What are some ways God has provided for our family?
- How can we trust Jesus more in times when we feel like we don't have enough?

Activity

Have each person write down a way God has provided for them (food, home, family, health, etc.). Place the papers in the basket, symbolizing the leftovers collected after Jesus' miracle.

Week 27: THE PHARISEES DEMAND A SIGN

Overview

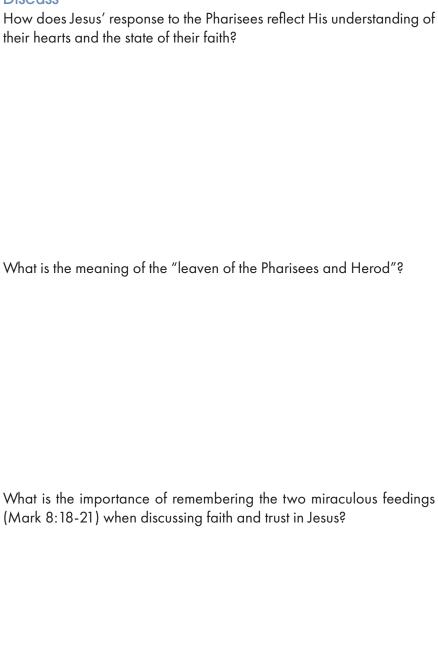
In Mark 8:11-21, Jesus has an interaction with the Pharisees as they come to argue and test Jesus. Even though Jesus had performed miracles, healed the sick, fed thousands, and fulfilled prophecies, the religious leaders were still looking for a sign to prove His authority. This week, we will discover Jesus' response to the Pharisees and their teaching.

Prepare and Meditate

Before Sunday, take time to prepare your heart to receive God's Word for the upcoming message. Passages to read and memorize are included below. As you read and reflect, we encourage you to pray and ask the Holy Spirit to reveal God's truth to you during this time.

- Read: Mark 8:11-21
- **Memorize:** And he sighed deeply in his spirit and said, "Why does this generation seek a sign? Truly, I say to you, no sign will be given to this generation." (Mark 8:12)

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Apply

Just as the Pharisees demanded signs but refused to believe, we can sometimes focus too much on outward proof or seek signs rather than having faith. Reflect on areas in your life where you may be questioning God instead of trusting His promises and plan.

Reflecting on your own spiritual journey: Are there ways in which you need to step into greater obedience or begin again to walk in obedience to Jesus' teachings? Where can you begin this week?

FAMILY ACTIVITY

Read together

Mark 8:11-21

Discuss

- Why did the Pharisees seek a sign from Jesus?
- What are some examples of miracles Jesus has already performed?
 Discuss them with your family and show how Jesus has already shown His authority.
- What does the "leaven" of the Pharisees mean?

Activity

- Fill a glass with water. Add a drop of food coloring to the water and observe as the color spreads throughout the glass.
- Explain that when you put the food coloring in the water, it affects the whole glass, just like the teaching of the Pharisees affects the whole person.
- Describe how Jesus warns us against taking pride in man-made teachings and traditions (the food coloring), as it has negative effects on our spiritual health.

Week 28: THE IDENTITY OF JESUS

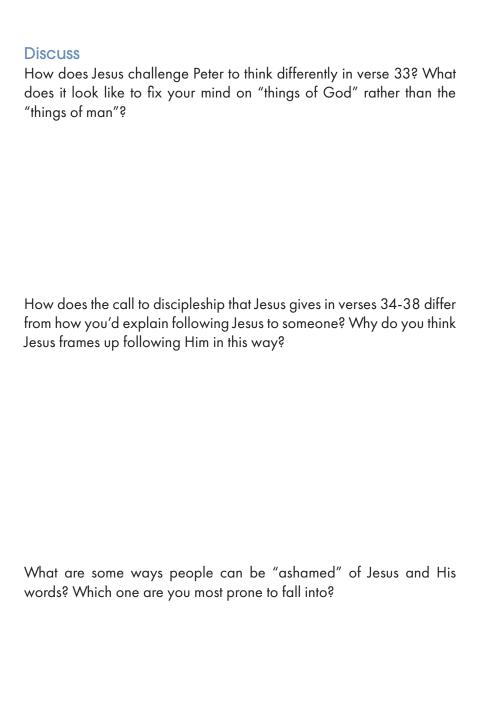
Overview

Jesus heals a blind man in two stages, then asks His disciples who they believe He is. Peter declares that Jesus is the Messiah. Jesus predicts His suffering and death, calling His followers to take up their cross and follow Him daily.

Prepare and Meditate

Before Sunday, take time to prepare your heart to receive God's Word for the upcoming message. Passages to read and memorize are included below. As you read and reflect, we encourage you to pray and ask the Holy Spirit to reveal God's truth to you during this time.

- Read: Mark 8:22-38
- **Memorize:** And calling the crowd to him with his disciples, he said to them, "If anyone would come after me, let him deny himself and take up his cross and follow me. (Mark 8:34)



Apply

What is the current situation/season you find yourself in that you need to fix your mind on the "things of God" compared to fixing your mind on the "things of man"? What does this practically look like?

The challenge that Jesus presents in verses 34-38 is to put Christ above everything else in your life. This isn't an aspiration, but an expectation. What in your life do you need to surrender to the Lord? What does surrender look like?

Romans 1:16 calls us to be "unashamed" of the gospel. What is one way that you can share your faith boldly this week?

FAMILY ACTIVITY

Read together

Mark 8:22-38

Discuss

- Who did people think Jesus was?
- Why did Peter struggle with Jesus' talk about suffering and the cross?
 Have you ever found it hard to accept something God wants?
- What does it mean to "take up your cross" and follow Jesus in your daily life?

Activity

On a large piece of paper, have each family member write or draw who Jesus is to them (Friend, Savior, Teacher, King). Hang this somewhere for your family to see throughout the week.

MORE RESOURCES

Use the camera app on your smart phone to scan the QR code or visit **chapel-pointe.org/mark** to access additional resources, next steps, and more.



